

## Local Organic Nourishment in Santa Fe

### Groceries

Natural Grocers, 3328 Cerrillos Rd, 505 474-0111

<https://www.naturalgrocers.com/store-location/santa-fe/>, strong commitment to organic produce

La Montanita Co-op Food Market, 913 W. Alameda, 505 984- 2852

<http://lamontanita.coop/santa-fe/>, cold-pressed juices, great produce dept.

Santa Fe Farmer's Market, 1607 Paseo de Peralta, 505 983-4098, open Tues and Sat, 8am – 1 pm <https://santafefarmersmarket.com/> Lively healthy local scene. Not all organic or GF, yet wonderful.

### Herbs

Herbs Etc, 1345 Cerrillos Rd, 505 982-1265 <http://www.herbsetc.com/>, “80% organic, 20% wild crafted”

Milagro Herbs, Paseo de Peralta (next to Kakawa Chocolate House, 1050 Paseo de Peralto), 505 820-6321 <http://www.milagroherbs.com/store> “75% organic, 25% wild crafted”

### Restaurants & Cafes

The Kitchen at Plants of the Southwest, 2095 Agua Fria St, 505 465-9535

[http://www.santafenewmexican.com/life/taste/the-kitchen-santa-fe-s-best-kept-secret/article\\_6472f08f-b66b-54bf-afd9-91eb9ce003de.html](http://www.santafenewmexican.com/life/taste/the-kitchen-santa-fe-s-best-kept-secret/article_6472f08f-b66b-54bf-afd9-91eb9ce003de.html) As much as possible, organic and local. Call ahead, owner Olive Tyrrell only makes 15 – 25 meals/day. Open April – November.

Sweetwater Harvest Kitchen, 1512 Pacheco St, 505 795-7383

<http://www.sweetwatersf.com/> “80% organic daytime, more than 80% for dinners”

Annapurna's World Vegetarian Café, 1620 St Michaels Dr, 505 988-9688

<https://www.chaishoppe.com/> Ayurvedic, “All of it's organic.”

Love Yourself Café, 199 Paseo de Peralta, 505 983-5683

<http://www.lightvesselsantafe.com/> “95% organic” gluten-free, vegan options, friendly breakfast/lunch.

Café Pasqual's, 121 Don Gaspar Ave, 505 983-9340 <https://pasquals.com/> "We're dedicated to using fresh, seasonal, organic and naturally raised foods. As much organic as we can – 95%."

Verde Food Company, 851 W. San Mateo (dine in), 505 780-5151 and 105 E. Marcy, 505 983-8147 <http://verdefood.com/ingredients/> cold pressed juices, strong commitment to local, "all of it's organic".

Vinaigrette, 709 Don Cubero Alley, 820-9205 <http://www.vinaigretteonline.com/> "70% organic", raised on owner Erin Wade's local farm

Plaza Café South, 3466 Zafarano Dr, 505 424-0755 <http://www.plazacafesouth.com/> Wide range of food, veggie and not. "We've got a lot of organic! 100% organic beef, salads, everything made fresh daily, our chiles are all gluten free."

Rasa Kitchen & Juice, 815 Early St, 505 989-1288 <http://rasajuice.com/>, cold-pressed juice, Ayurvedic vegan café, "organic whenever possible", couldn't commit to a %.

Dr. Field Goods, 2860 Cerrillos Rd, 505 471-0043 <http://drfieldgoods.com/menu-2/> Paleo-friendly, strong commitment to local ranchers & farmers, % organic not known.

Tune-Up Café, 1115 Hickox St, 505 983-7060 <http://tuneupsantafe.com/> "30% is organic"

Harry's Roadhouse, 96 B Old Las Vegas Highway, 505 989-4629 <http://www.harrysroadhousesantafe.com/> There are gluten free & veggie options, yet "We don't have a lot of organic – sorry!" Harry's does offer organic eggs.